

## STUDENTS THESIS

- **Abdirahman Nur.** Patterns of Knee, Hip and Hand Osteoarthritis in KNH  
Supervisors: Dr. G. O. Oyoo, Prof. M.D. Joshi, Dr. F. M. Otsyeno, Dr. M. Mathenge
- **Biomdo C. Irene** .Assessment of Pulmonary Function in Rheumatoid Arthritis Patients Attending Rheumatology Clinics in Nairobi  
Supervisors: Dr. G.O. Oyoo, Dr. J. Mecha, Dr. J. Chakaya
- **Dindi W.M. Esther** Treatment Response to Imatinib among Chronic Myeloid Leukaemia Patients as seen in Nairobi  
Supervisors: Prof. N.A. Othieno-Abinya, Dr. G.W. Kitonyi
- **Kiio Stephen Ndolo** Treatment Outcomes of Second Line Antiretroviral Therapy in Mbagathi District Hospital Comprehensive Care Clinic  
Supervisors: Prof. G.N. Lule, Dr. L. Achieng, Dr. M.C. Maritim, Prof. C.F. Otieno
- **Kubo Nigandi Mary** Factors Associated with uncontrolled Hypertension among Renal Transplant Recipients attending Nephrology Clinics in Nairobi  
Supervisors: Prof. J.K. Kayima, Prof. E.N. Ogola ,Prof. S.O. McLigeyo, Dr. A.J.O. Were
- **Macira Boniface** Prevalence of Cardiovascular Risk Factors among Young Adult Enrolled as Students in the UoN  
Supervisors: Prof. E.N. Ogola, Prof. M.D. Joshi, Mr. E.K. Njeru
- **Malombe Naomi Mumo** Prevalence of Fibromyalgia in Ambulatory HIV Positive Adults with Musculoskeletal Pain at KNH  
Supervisors: Dr. George O. Oyoo, Dr. Marybeth C. Maritim, Dr. Judith Kwasa
- **Mohammed Ezzi** Distribution of Salmonella Antibodies in the Sera of Healthy Blood Donors at KNH  
Supervisors: Prof. K.M. Bhatt, Prof. O. Anzala, Dr. M.C. Maritim
- **Omari Beatrice**  
Assessment of the Level of Knowledge, Self Care Practice and Glycemic Control among Patients with Type 2 Diabetes attending the Diabetes Clinic at KNH  
Supervisors: Prof. C.F. Otieno, Dr. L. Achieng
- **Sairabanu M.R. Sokwalla** Prevalence of Poor Sleep Quality and High Risk for Obstructive Sleep Apnoea in Ambulant Individuals with Type 2 Diabetes at KNH  
Supervisors: Prof. E.O. Amayo, Prof. M.D. Joshi, Dr. K. Acharya, Dr. J.O. Mecha

- **Wanjuki John Ndegwa**  
Prevalence and Management of Cancer Pain in Ambulatory Patients at KNH  
Supervisors: Prof. N.A. Othieno-Abinya, Prof. E.O. Amayo, Dr. B.C. Munyoro
- **Eugene K. Genga** Assessment of the Perceived Quality of Life of Non Insulin Dependent Diabetic Patients Attending the Diabetes Clinic in KNH.  
Supervisors: Prof. C.F. Otieno, Prof. E.N. Ogola, Dr. M.C. Maritim
- **Karanga Kimani** Prevalence of Primary Non-Alcoholic Fatty Liver Disease in Black Africans with Type 2 Diabetes Mellitus at KNH  
Supervisors: Prof. E.O. Ogutu, Dr. C.K. Onyambu, Dr. A. Waweru

## YEAR 2014 CONFERENCES

- Prof. E.O. Amayo visited Walter Sisulu University, South Africa from 2<sup>nd</sup> March 2014 to 8<sup>th</sup> March 2014.
- Prof. K.M. Bhatt attended Scientific Advisory Committee meeting for the Drugs for Neglected Disease Initiative (DNDi) from 31<sup>st</sup> March 2014 to 3<sup>rd</sup> April 2014 in Geneva.
- Prof. C.F. Otieno participated in Africa Diabetes Congress in Cameroon from 25<sup>th</sup> February 2014 to 28<sup>th</sup> February 2014 in Cameroon.
- Prof. E.N. Ogola Attended the PASCAR/WHO-AFRO workshop in Zambia from 31<sup>st</sup> January 2014 to 4<sup>th</sup> February 2014.
- Prof. G.N. Lule invited to give a lecture on current management of GI disorders in Lagos, Nigeria, from 18<sup>th</sup> March 2014 to 20<sup>th</sup> March 2014.
- Prof. E.O. Ogutu attended the 15<sup>th</sup> International Live GI Endoscopy workshop from 26<sup>th</sup> February 2014 to 7<sup>th</sup> March 2014.
- Prof. N.A. Abinya attended a Lymphoma meeting in Arusha, Tanzania from 12<sup>th</sup> February 2014 to 15<sup>th</sup> February 2014.
- Dr. Gladwell Kiarie attended Oncology at the Limits IV 2014 Conference in Germany from 12<sup>th</sup> February 2014 to 16<sup>th</sup> February 2014.
- Dr. Andrew Odhiambo attended a Lymphoma meeting in Arusha, Tanzania from 12<sup>th</sup> February 2014 to 15<sup>th</sup> February 2014.
- **Prof. E.O. Amayo.** Attended the EFNS-ENS joint congress of European Neurology in Istanbul, from 31<sup>st</sup> May 2014 to 3<sup>rd</sup> June 2014.
- **Prof. E.O. Amayo.** Attended the 66<sup>th</sup> annual meeting of the American Academy of Neurology in Philadelphia, PA from 24<sup>th</sup> April 2014 to 5<sup>th</sup> May 2014.

- **Prof. G.N. Lule:** Attended the Digestive Disease Week (DDW 2014) in Chicago, Illinois from 3<sup>rd</sup> May 2014 to 6<sup>th</sup> May 2014.
- **Dr. Loice Achieng:** Invited as a guest lecturer at the University of Texas Medical Branch in Galveston, Texas from 11<sup>th</sup> April 2014 to 15<sup>th</sup> May 2014.
- **Prof. C.F. Otieno.** Attended the Global Premix Summit in Abu Dhabi, UAE from 23<sup>rd</sup> May 2014 to 26<sup>th</sup> May 2014.
- **Prof. E.N.Ogola** Appointed as External Examiner at Makerere University, Uganda from 1<sup>st</sup> June 2014 to 5<sup>th</sup> June 2014
- **Prof. E.N.Ogola.** Attended the World Heart Federation's World Congress of Cardiology 2014 in Melbourne, Australia from 2<sup>nd</sup> May 2014 to 9<sup>th</sup> May 2014.
- **Prof. E.N.Ogola.** Attended the B-A-HEF Investigators meeting and BMBF Heart Failure Africa funding application meeting in Cape Town, South Africa from 25<sup>th</sup> May 2014 to 28<sup>th</sup> May 2014.
- **Prof. Nicholas A.O. Abinya.** Attended American Society of Clinical Oncology (ASCO) Conference in Chicago, Illinois, USA from 26<sup>th</sup> May 2014 to 6<sup>th</sup> June 2014.
- **Prof. E. O. Ogutu:** Attended the International Liver congress 2014 London, UK from 7<sup>th</sup> April 2014 to 17<sup>th</sup> April 2014.
- **Prof.A.M.Adam.** Attended the Australian and New Zealand Association Neurologists annual scientific meeting in Glenelg, Australia from 15<sup>th</sup> May 2014 to 26<sup>th</sup> May 2014.
- **Dr. G.O. Oyoo** To attend the European Congress of Rheumatology (EULAR 2014) in Paris, France from 10<sup>th</sup> June 2014 to 14<sup>th</sup> June 2014.
- **Dr. G.O. Oyoo** Attended the BSR/BHPR Annual Conference, Rheumatology 2014, in Liverpool, UK from 29<sup>th</sup> April 2014 to 1<sup>st</sup> May 2014.
- **Dr. A.J.O. Were:** Attended the 51<sup>st</sup> ERA-EDTA Congress in Amsterdam, Netherlands from 29<sup>th</sup> May 2014 to 6<sup>th</sup> June 2014.

## Operations

### Teaching & Learning

- The Department established a Unit of Clinical Infectious Disease (UCID). Regulations and syllabus for Fellowship in Clinical Infectious Disease were discussed at the Board of Postgraduate Studies. The recommendations made during the meeting were forwarded for review.

## Research

- The Department of Clinical Medicine & Therapeutics, Thematic Unit of Clinical Medicine organised an academic writer's workshop for all academic staff and faculty from University of Texas Medical Branch to strengthen its capacity in research and publications from 19<sup>th</sup> May 2014 to 20<sup>th</sup> May 2014

## Conferences

- **Prof. C.F. Otieno.** Attended the Meal time summit meeting in Johannesburg, South Africa from 22<sup>nd</sup> to 24<sup>th</sup> August 2014.
- **Dr. E.M. Karari.** Attended the ESC Annual Congress in Barcelona, Spain from 29<sup>th</sup> August to 5<sup>th</sup> September 2014
- **Prof. E.N.Ogola.** Attended the European Society of Cardiology Scientific Congress Barcelona from 29<sup>th</sup> August to 5<sup>th</sup> September 2014.
- **Prof. E.O. Ogutu.** Attended the 19<sup>th</sup> International symposium on Endoscopic Ultrasonography 2014 in Chennai, India from 15<sup>th</sup> to 24<sup>th</sup> September, 2014.
- **Prof. C.F. Otieno.** Attended the EASD annual congress in Vienna from 15<sup>th</sup> to 19<sup>th</sup> September 2014.
- **Prof. K.M. Bhatt.** Attended the 1<sup>st</sup> LEAP Scientific Conference in Bahir Dar, Ethiopia From 28<sup>th</sup> September to 2<sup>nd</sup> October 2014.
- **Prof. Nicholas A.O. Abinya.** Attended Cancer Medicine and Haematology course Boston, MA, USA from 12<sup>th</sup> to 22<sup>nd</sup> September 2014
- **Dr. C.S. Ilovi.** Attended the Annual European Congress of Rheumatology 2014 (EULAR 2014) in Paris from 10<sup>th</sup> to 13<sup>th</sup> June 2014.
- **Dr. G.O. Oyoo** Attended the European Congress of Rheumatology (EULAR 2014) Paris, France from 10<sup>th</sup> to 14<sup>th</sup> June 2014
- **Dr. G.O. Oyoo.** Attended the Basic Ultrasound Course in the University of York, England from 26<sup>th</sup> to 27<sup>th</sup> September 2014.
- **Prof. K.M. Bhatt.** Attended the Drugs for Neglected Diseases Initiative (DNDI) meeting in Geneva from 6<sup>th</sup> to 8<sup>th</sup> October 2014.
- **Dr. G.O. Oyoo.** Attended the World Summit 2014 for Global Alliance for Musculoskeletal Health in London from 12<sup>th</sup> to 13<sup>th</sup> October 2014.

## Operations

### Teaching & Learning

- The Department revised the regulations and syllabus for the degree of Master of Medicine in Internal Medicine. The syllabus was approved in a Senate meeting held on 16/07/2014.
- The Department established a Unit of Clinical Infectious Disease (UCID). Regulations and syllabus for Fellowship in Clinical Infectious Disease was approved in a Senate meeting held on 17<sup>th</sup> June 2014.

## Research

The Department of Clinical Medicine & Therapeutics, Thematic Unit of Clinical Medicine organised a workshop to develop guidelines for postgraduate research from 10<sup>th</sup> to 12<sup>th</sup> August 2014

## CONFERENCES

- **Prof. E.N.Ogola.** Attended the Merc Africa Luminary Meeting in Darmstadt, from 22<sup>nd</sup> to 25<sup>th</sup> October 2014.
- **Prof.G.N.Lule.** Attended the HCV Region Pre Advisory Board Meeting and Foundation Liver Update Meeting in Cape Town South Africa from 27<sup>th</sup> Nov to 30<sup>th</sup> November 2014.

- **Prof. E.O. Ogutu.** Attended the 22<sup>nd</sup> United European Gastroenterology Week in Vienna, Austria from 15<sup>th</sup> October 2014 to 28<sup>th</sup> October 2014.
- **Prof. K.M. Bhatt.** Attended the 1<sup>st</sup> LEAP Scientific Conference in Bahir Dar, Ethiopia From 28<sup>th</sup> September to 2<sup>nd</sup> October 2014.
- **Prof. G.O. Oyoo.** Attended the Basic Ultrasound Course in Nottingham, London from November 2014 to 9<sup>th</sup> November 2014.
- **Prof. K.M. Bhatt.** Attended the Drugs for Neglected Diseases Initiative (DNDI) meeting in Geneva from 6<sup>th</sup> to 8<sup>th</sup> October 2014.
- **Prof. G.O. Oyoo.** Attended the World Summit 2014 for Global Alliance for Musculoskeletal Health in London from 12<sup>th</sup> to 13<sup>th</sup> October 2014.
- **Dr.E.Karari.** Attended the annual South African Heart Congress in Durban, South Africa from 16<sup>th</sup> October 2014 to 22<sup>nd</sup> October 2014

### **STUDENTS THESIS**

- **Dr.Fredrick Mugisha Kalokola** -Serum Calcium, Phosphate and Parathyroid Hormone Levels in Kidney Transplant Recipients  
Supervisors Prof.J.K.Kayima, Prof.C.Kingodu, ProfS.Mcligeyo
- **Dr.Gituma Bernard** -The Prevalence and Types of Electrocardiographic Abnormalities in Patients with Dilated Cardiomyopathy at KNH  
Supervisors Prof.E.N.Ogola, Dr. E.Karari, Dr.L.Achieng
- **Dr.Rosslyn Ngugi** -Prevalence of Thyroid Dysfunction in Ambulant Patients with Type 2 Diabetes attending Diabetes Clinic at KNH  
Supervisors Prof.C.F.Otieno, Dr. Ritesh Pamnani, Prof.C.Kingodu
- **Dr.Betty Shiruli** -Cardiovascular Risk Factors and Carotid Atherosclerosis in Patients with Systemic Lupus Erythematosus at KNH.  
Supervisors Prof.G.O.Oyoo, Prof.E.N.Ogola, Prof.E.O.Amayo, Dr.A.A.Aywak
- **Dr.Jackline L.A.Odhiambo** -An Evaluation of Quality of Life in Ambulatory Patients with Systemic Lupus Erythematosus attending Rheumatology Clinic in KNH  
Supervisors Prof.G.O.Oyoo, Prof.E.O.Amayo
- **Dr. Wambua Diana Ndele** -Toxoplasma Gondii Infection in Donated Blood at the National Blood Transfusion Service in Kenya  
Supervisor Prof.W.Jaoko, Prof.C.F.Otieno, Dr.M.C.Maritim
- **Dr.Francis Musyoki** -A Comparative Study of Testosterone, Sex Hormone Binding Globulin and Free Androgen Index Levels in Men with Epilepsy at KNH, Neurology Clinic

Supervisors Prof.A.M.Adam, Prof.E.O.Amayo, Prof.C.S.Kingondu

- **Dr.Nkengasong Ajua** -Diagnosis of Active Pulmonary Tuberculosis using the Xpert MTB/RIF Assay in Smear Negative Tuberculosis Suspects at KNH and Mbagathi District Hospital

Supervisors Prof.A.M.Adam, Dr.J.Mecha, Dr.M.Maritim

- **Dr.Anthony Muguiyi Muturi** -Prevalence and Types of Electrocardiographic Abnormalities in Dialysis Naive Chronic Kidney Disease Patients at KNH

Supervisors Prof.A.M.Adam, Dr.J.Mecha, Dr.M.Maritim

- **Dr.Stephen Makau Nyamai** -The Burden of Chronic Kidney Disease in Ambulant Type 2 Diabetes Patients at KNH Diabetes Outpatient Clinics

Supervisors Prof. C.F.Otieno, Prof.J.K.Kayima

- **Dr.Edward Njogu Maina** -Prevalence of Urinary Tract Infections among Kidney Transplant Recipients in KNH

Supervisor Prof. J.K.Kayima, Dr.J.Kwasa, Dr.E.Karari, Dr.A.J.O.Were

- **Dr.Jane Gitau** -The Prevalence of Latent Tuberculosis Infection among Final Year Medical Students-University of Nairobi

Supervisors Prof.G.N.Lule, Prof.Omu Anzala, Dr.A.Sheikh

- **Dr.Ayoro Charles Omondi** -Short term outcomes of Chemotherapy Treated Patients with AIDS Associated Muco-cutaneous Kaposi's Sarcoma in Nairobi, Kenya

Supervisors Prof.N.A.Abinya, Prof.G.N.Lule, Dr.D.Zuriel, Dr.L.Achieng

- **Dr.Asif. H.Gulam** - Pshychological Insulin Resistance among Type 2 Diabetes Patients at KNH.

Supervisors Prof.C.F.Otieno, Prof.Omondi Oyoo

